

Content Area: Comprehensive Health
Grade Level Expectations: Second Grade
Standard: 4. Prevention and Risk Management in Health

Prepared Graduates: *(Click on a Prepared Graduate Competency to View Articulated Expectations) - [\(Remove PGC Filter\)](#)*

- **Apply personal safety knowledge and skills to prevent and treat intentional or unintentional injury**

Concepts and skills students master:

5. Demonstrate interpersonal communication skills to prevent injury or to ask for help in an emergency or unsafe situation

Evidence Outcomes

Students Can:

- Demonstrate how to make a decision to call 911 or other emergency numbers for help
- Demonstrate verbal and nonverbal ways to ask an adult for help about an emergency
- Demonstrate effective refusal skills to avoid unsafe situations
- Describe the use of safety equipment for specific activities and sports such as biking, skateboard, riding a scooter and inline skating (DOK 1-2)
- Identify ways to reduce or prevent the risk of injuries around water (DOK 1-2)

21st Century Skill and Readiness Competencies

Inquiry Questions:

- How do I know when to call 911?
- What do individuals do when they need to communicate and they cannot speak?
- What are the decisions made by emergency workers?
- What happens if a player does not wear a helmet or kneepads?
- Why is it important to be careful around water?
- Why do lifeguards say "walk don't run" at swimming pools?

Relevance & Application:

- Ambulance personnel are skilled at considering situations from a variety of aspects.
- Young people often get trained to perform CPR or other forms of resuscitation.

3. Injury prevention requires preparation and communication.
4. Coast Guard and lifeguards are equipped to prevent and provide help in a water safety situation.
5. A 911 operator is trained to send help in an emergency and provide help over the phone.
6. Safety equipment, such as helmets, knee pads, and life jackets, exist to help prevent unintentional injuries.

Nature Of:

1. Personal strategies can be learned to develop and enhance healthy behaviors and to avoid, reduce, and cope with unhealthy, risky, or potentially unsafe situations.