

Fifth-grade combat challenge

Divide students into teams of equal numbers. Set up a target (orange cone) a distance away. Establish a “changing zone” and a “firing line.”

Instruct them that this is a relay race to help them understand what firefighters do.

They each need to help their teammates into a coat, boots and helmet.

Then they need to drag a full hose a short distance and squirt the target.

Then they take off the gear and put it on the next person in line.

Hint: Crank up the pressure just to the point where the students have to struggle with the hose. Too little, and they don't get the full effect of the power of the water. Too high, and they get tossed around a little too much.

